

Make Your Own Clay

A science experiment and an arts n crafts project rolled into one activity—a double hit! Grab these simple ingredients on your next trip to the super market and keep them on hand for a rainy day, an upcoming play date or a family activity day at home. Get ready to mix up a batch of super clay and then mold it into creative shapes. Be creative!

Ingredients:

Flour

Salt

Water

Food Coloring

Directions:

In a large bowl, stir 2 1/2 cups of all-purpose flour, 1 cup of salt and 1 cup of water. For a smoother clay, you can add 1 teaspoon of vegetable oil. Divide the clay into thirds and color each batch separately with 12 drops of food coloring (for more vibrant hues, try using a dab of cake-decorating coloring paste).

Cover your work space with a plastic tablecloth and let your kids play with the dough. As they roll it out or shape it by hand, sprinkle extra flour on the table in case the dough feels too sticky.

Store any extra clay in sealed plastic bags. It will keep for about five days.