

Baked Apples

Ingredients

- Cored apples
- 1 pat of butter per apple
- Maple syrup
- water

How It Works

- Place cored apples in a baking dish and put a pat of butter in the center of each one. Drizzle with maple syrup
- Pour an inch of water into the dish. Bake at 375 degrees until tender (about 30 minutes). Baste and serve warm

Variations

Feeling Creative? Sprinkle some cinnamon or fill the apple core with raisins.